

Quick Start Guide to Getting Started with Zero Suicide

1	Read the online Zero Suicide Toolkit to understand the Zero Suicide framework and the resources available to do this work.
2	Challenge your organization to adopt a comprehensive approach to suicide care using the readings and tools in the Lead Toolkit section.
3	Convene a Zero Suicide implementation team consisting of 5-10 staff members who will lead this initiative.
4	Complete the Zero Suicide Organizational Self-Study as a team.
5	Visit Zero Suicide Institute to learn about training and consultation available.
6	Formulate a plan to collect data to support evaluation and quality improvement using the Zero Suicide Data Elements Worksheet and to review data routinely.
7	Announce to staff the adaptation of an enhanced suicide care approach.
8	Administer the Zero Suicide Workforce Survey to all staff, clinical and non-clinical, to learn more about their perceived comfort and competence caring for those at risk for suicide.
9	Review and develop processes and policies for screening, assessment, risk formulation, treatment, and care transitions. Examine the use of health records to support processes.
10	Evaluate progress and measure results.
11	Join and use the Zero Suicide Listserv —post Questions, obstacles, successes, and outcomes with the larger Zero Suicide community.