

# Getting Started with Zero Suicide

For those at the beginning of their Zero Suicide journey

1

Explore the online [Zero Suicide Toolkit](#) to learn about the Zero Suicide framework and the resources available to do this work.

2

Engage your organization's leadership and get their buy-in for the changes needed to implement Zero Suicide. Review the [LEAD element](#) for suggestions on how to engage leaders.

3

Convene an implementation team consisting of 5-10 staff members who will lead this initiative. Review the [Implementation Team](#) tab in the LEAD element of the Toolkit.

4

Decide how you're going to include people with lived experience on your implementation team and throughout implementation of Zero Suicide.

5

Discuss the process your implementation team will use to make decisions about the policies, procedures, trainings, interventions, and other vital aspects of Zero Suicide.

6

Develop a plan for how, when, and what you will communicate about Zero Suicide. Set up intentional feedback loops so you can hear from employees and those your organization serves.

7

Conduct the [Zero Suicide Organizational Self-Study](#) to see what your organization currently does related to suicide care.

8

Administer the [Zero Suicide Workforce Survey](#) to all staff, clinical and non-clinical, to learn more about their perceived comfort and competence caring for those at risk for suicide.

9

Develop short-term, mid-range and long-term goals for each element. If you have thoroughly implemented Zero Suicide, what would suicide care look like at your organization?

10

Using the results of the Organizational Self-Study and Workforce Survey, develop a needs assessment to determine where and how to begin to improve suicide care under each element.

**Looking for more Zero Suicide support?** Consider reaching out to the larger Zero Suicide community by joining the [Zero Suicide Listserv](#) or contacting [Zero Suicide Institute](#) to learn about available training and consultation.