

Zero Suicide

Instructions Guide for Crisis Programs

There are 5 new documents that need to be completed from now on with **every** new consumer as a part of Hope Network's Zero Suicide Initiative program:

- **PHQ-9** (Patient Health Questionnaire – 9 questions)
- **C-SSRS Screener** (A minimum of 3 questions and a maximum of 6 questions)
- **C-SSRS Safe-T Protocol**
- **C-SSRS Risk Assessment**
- **Collaborative Safety Plan**

(These documents may be completed by Case Managers, Nurses or by DSP staff. However, the suggested staff members to complete the documents are listed below.)

- **PHQ-9:** It is only completed two times; at Intake and at Discharge. The DSP staff member who performs the initial consumer intake will complete the first one. The CM or Nurse who handles the consumer's discharge will complete the second one.
- **C-SSRS Screener:** It must be completed **EVERY DAY** for **EVERY CONSUMER** unless the consumer scores "No Risk" for 2 days in a row or they score "Low Risk" and/or "No Risk" for 2 days in a row and it is the Clinical Staff's judgement that the consumer may exit the Suicide Care Pathway. The DSP staff member who performs the initial consumer intake will complete the first one. The CM will complete the screener every day for all consumers thereafter. If there is day with no CM, the Nurse should complete the daily screener. If a consumer has exited the Suicide Care Pathway, and at a later time indicates to any CRU staff member that they are suicidal, (i.e. decompensation), the daily screener must be resumed.
- **Safe-T Protocol:** If the results of the C-SSRS Screener indicate ANY risk level (low moderate or high) it will need to be completed within 24 hours. If no CM, the Nurse should complete it. (It only needs to be completed one time.) The Protocol should be reviewed daily with the consumer by the CM or Nurse.
- **Risk Assessment:** If the results of the C-SSRS Screener indicate ANY risk level (low moderate or high) it will need to be completed within 24 hours. If no CM, the Nurse should complete it. (It only needs to be completed one time.) The Risk Assessment should be reviewed daily with the consumer by the CM or Nurse.
- **Safety Plan:** If the results of the C-SSRS Screener indicate ANY risk level (low moderate or high) it will need to be completed, or at least started, within 24 hours. The CM should complete the document. If no CM, the Nurse should complete it. The Safety Plan should be reviewed daily with the consumer by the CM or Nurse. This document needs to be fully completed by the time the consumer is discharged. The consumer's Safety Plan must be printed out and given to the consumer at discharge.