

## **Zero Suicide at Prairie View**

Prairie View is committed to preventing deaths by suicide, and it is our goal to make suicide a "never event." This is a bold goal, but we believe that any death by suicide is too many. To help us reach this goal, we have adopted the Zero Suicide framework, which is a comprehensive approach to suicide treatment and care.

Based on your recent visit, we want to work collaboratively with you to manage this difficult time and to restore hope. To do so, we have enrolled you on the Zero Suicide Pathway at Prairie View. This pathway is designed to support your safety and provide additional outreach as you work with your treatment team to establish a path towards hope.

Here is what to expect while enrolled on the Zero Suicide Pathway:

**Extra outreach:** Support staff, patient navigators, and your treatment team will be reaching out to you more often to see how you are doing. If you miss an appointment, we will reach out to you and anyone you have identified as a support person to see how you are doing and to ensure you are safe.

**Screening and assessment:** We understand it can be difficult to discuss suicide, and we will approach these conversations with empathy. Your treatment team will ask frequently about suicidal thoughts and behaviors to ensure you are safe and to help provide directed care for a path towards hope.

**Increasing safety at home:** In addition to assessing suicidal thoughts and behaviors, your treatment team will ask questions about your access to items that could be used in a suicide attempt. No items are "bad," but we know that reducing access to certain items can help to ensure you are safe if a suicidal crisis occurs.

**Safety planning:** You will work with your treatment team to develop a safety plan to help you navigate times of crisis and suicidal thoughts. This safety plan will be reviewed and updated as treatment progresses.

As you continue with treatment, be yourself, be honest about how you are really doing, and stay in contact with us. We are here for you, and if you ever experience a crisis, you can **call or text 988** to reach the Suicide and Crisis Lifeline. You can also call Prairie View's Crisis Line at **800.362.0180**. When suicidal thoughts and behaviors have improved, talk with your treatment team to determine together if the Zero Suicide Pathway is no longer needed.

1901 E. First St. PO Box 467 Newton, KS 67114-0467 316-284-6400 316-284-6491 FAX

## Other Locations:

508 S. Ash St. PO Box 185 Hillsboro, KS 67063-1185 620-947-3200

1102 Hospital Dr. McPherson, KS 67460-2318 620-245-5000

7570 W. 21st St. N., Ste. 1026-D Wichita, KS 67205-1734 316-634-4700

www.prairieview.org 800-992-6292 Crisis Help: 800-362-0180