

# After Your Child's Suicide Attempt

## A Guide for Faith Leaders

*After Your Child's Suicide Attempt* is a free film with companion resources that can help leaders support caregivers in their faith community.

Faith leaders play a vital role in supporting their communities through times of challenge and transition and are among the most trusted advisors people turn to for comfort and guidance when dealing with their children's mental health concerns.

*After Your Child's Suicide Attempt* is a free resource that can supplement faith leaders' support for caregivers whose child has experienced a suicidal crisis. The one-hour film offers first person and expert guidance, practical insights, and reassurance to parents navigating complex caregiving and mental health needs of their child.



“Many parents and caregivers have needed this for a very, very long time.”

### Sharing the Film

Any faith leader can recommend this video as a supplement to spiritual guidance and prayer. Faith leaders can also:

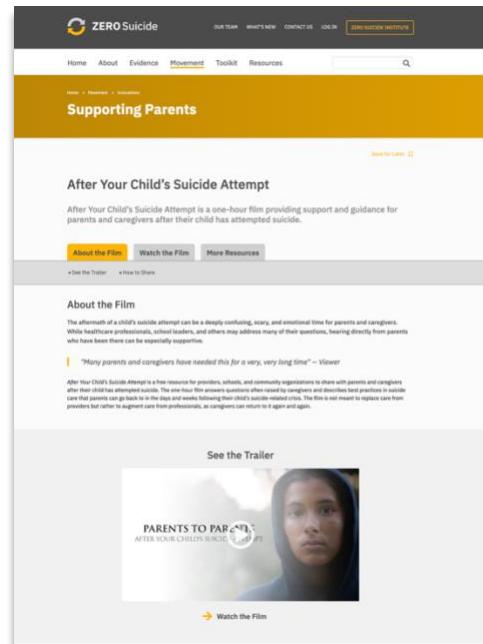
- Provide a sermon or support group about suicide prevention and support after a mental health crisis, using this film to promote dialogue and share best practices
- Connect with state or local suicide prevention leaders to arrange for a local screening and discussion of the video, with a mental health provider present
- Share the video with other faith leaders in the local area, across national faith networks, or with other partners to pass along to caregivers who may benefit
- Inform ushers, greeters, teachers, and other lay leaders about the video so they can offer it as a resource to others in the community

Viewers can watch the entire film or view in short chapters related to what is on their mind, revisiting regularly. The film includes subtitles with multilingual translation.

## Starting the Conversation

Here are some conversation starters for recommending the video to caregivers:

- “I know this has been an incredibly difficult time. You’re not alone—I have a resource about how to support your child that many parents have found comforting and helpful.”
- “This experience can feel overwhelming, and many parents are unsure how to best support their child after an attempt. This film features other parents and experts sharing what helped them that might be helpful for you.”
- “I recommend watching this video. It includes insights from both professionals and other parents who have gone through this, and it can be a helpful guide as you navigate your child’s care over the coming weeks.”
- “It’s common for parents to have a lot of questions and feelings of worry or uncertainty after something like this. This a film that offers practical guidance and support from families who’ve been there.”



## Additional Resources

[Companion resources](#) can be found on the “Supporting Parents” section of the Zero Suicide website, including crisis services, parent support groups, safety planning, and materials for sharing the film. More resources can be found on the “[Faith Hope Life](#)” section of the National Action Alliance for Suicide Prevention website.

**Access the film and other resources supporting parents and caregivers at:**

▷ [zerosuicide.edc.org/supporting-parents](http://zerosuicide.edc.org/supporting-parents)



*After Your Child's Suicide Attempt* was created by Zero Suicide at EDC and [Parents-to-Parents](#) with support from the [Four Pines Fund](#).