

# After Your Child's Suicide Attempt

## A Guide for Healthcare Providers

*After Your Child's Suicide Attempt* is a free film that can help healthcare providers support parents and caregivers.

*After Your Child's Suicide Attempt* is a free one-hour film featuring experts and parents who have been through the experience of supporting a child after a suicide attempt.

The film validates the complex and confusing emotions that often arise, describes evidence-based treatment and care practices, explores common concerns and questions, and offers practical tips for communication.

Any healthcare provider, from hospital and emergency department staff to pediatricians to peers, can use this film to supplement conversations with parents and caregivers of youth and young adults.

### Ways to Share this Film

Clinical providers, peers, and other staff can:

- Add a link to the film to discharge paperwork
- Share the film with parents as part of medical or behavioral health care visits
- Link the film on the healthcare organization's website
- Introduce during well visits as a resource prior to a crisis
- Offer parent support groups during which this film is shared and discussed
- Build in watching the video as a part of family sessions
- Encourage peer navigators or supports to share the film with those who may benefit

Viewers can watch the entire film or choose short chapters related to what is on their mind, revisiting regularly. The film includes subtitles with multilingual translation.

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“Many parents and caregivers have needed this for a very, very long time.”

## Sharing the Film in Clinical Settings

Here are some conversation starters:

- “I know this has been an incredibly difficult time. You’re not alone—I have a resource about how to support your child and some of the issues you may be facing that many parents have found comforting and helpful.”
- “This experience can feel overwhelming, and many parents are unsure how to best support their child after an attempt. This film features other parents and experts sharing what helped them that might be helpful for you.”
- “I recommend watching this video. It includes insights from both professionals and other parents who have gone through this, and it can be a helpful guide as you navigate care over the coming weeks.”
- “It’s common for parents to have a lot of questions and feelings of worry or uncertainty after something like this. This is a film that offers practical guidance and support from families who’ve been there.”

## Additional Resources

[Companion resources](#) can be found on the “Supporting Parents” section of the Zero Suicide website. Resources include crisis services, parent support groups, information on safety planning, and more.

**Access the film and other resources supporting parents and caregivers at:**

▷ [zerosuicide.edc.org/supporting-parents](http://zerosuicide.edc.org/supporting-parents)



*After Your Child's Suicide Attempt* was created by Zero Suicide at EDC and [Parents-to-Parents](#) with support from the [Four Pines Fund](#).