



## Not quite ready to implement Zero Suicide?

Here are some things you can do right now to prepare your system for Zero Suicide implementation:

- » Become familiar with [JCAHO's National Patient Safety Goals](#) for the development of safer suicide care.
- » Have materials from suicide prevention hotlines and other services for suicide prevention available in your waiting rooms.
- » Consider adding a brief suicide screen to your intake questionnaire when people come for services, regardless of why they are there.
- » Have clinical staff download the free [Suicide Safe mobile app](#) by SAMHSA on their phones. It uses the Safe-T approach and has a treatment locator.

- » Take advantage of the free on-line training on Safety Planning, Counseling on Access to Lethal Means, Strategic Planning for Suicide Prevention and many other suicide prevention and care resources at [www.sprc.org](http://www.sprc.org) and at [www.zerosuicide.com](http://www.zerosuicide.com).
- » Ensure that everyone in your system has some type of "Gatekeeper" training so that they will know how to recognize the warning signs of someone who may be at risk for suicide.
- » Know the resources in your Tribal system as well as those on-line, hotline numbers and the National Suicide Prevention Lifeline. Get wallet cards free of charge.
- » Create partnerships with Traditional Healers, Elder and Youth Councils within the Tribe and bring them in to do Talking Circles and other types of support groups for those who may be at risk for suicide or when there has been a loss to suicide in the Tribe.

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